

KIT Therapy Policy Statement

About Massage Therapy

The definition of Massage Therapy, as stated by the Laws of Wisconsin pertaining to Massage Therapy is: "Massage" means the manipulation of the soft tissues of the human body with the hand, foot, arm, or elbow, whether or not such manipulation is aided by hydrotherapy, including colonic irrigation, or thermal therapy; any electrical or mechanical device; or the application to the human body of a chemical or herbal preparation.

The benefits of massage therapy include improved circulation, digestion and immune functions, flexibility, breathing, posture, and general health; reduction of stress and anxiety; increased clarity; increased energy; and a greater sense of the mind-body connection. Massage can make certain conditions worse, so please enlighten your therapist of any health problems.

About Us

KIT's Therapists are Nationally Certified and Wisconsin State Licensed; Chair Massage Events, Reflexology, Hot Stone, and Swedish Massage sessions. We take great pride in being a professional establishment in the South Tampa community where we practice.

Massage Appointments

All Massage sessions range from ½ hour, 1 hour, to 1½ hour appointments. To make an appointment you may either call us or book online. Massage sessions are by appointment only and all appointments will be confirmed the day before via phone call and an email. Payment will be rendered before the service and will be accepted in the form of cash or major credit cards, no checks please.

Should you need to cancel your appointment, please do so at least 24 hours prior. If 24 hours notice is not given, you will be charged 50% of the service fee. If you are late for your appointment, please understand that you may not be able to receive a full session.

Reward Cards

After your first appointment with us we will give you your personal KIT Reward Card with a single punch for completing your appointment. When you supply us with a referral, give us constructive feedback on how we can improve, and/or complete future sessions with us you will receive another punch on your Reward Card. 10 punches earns you a free one hour session of your choice and it does not expire. Just one of the ways we like to let you know we appreciate your business.'

Specials and Promotions

All Specials and Promotions at KIT Therapy are mutually exclusive. You can not redeem more than one discount per session.

Gift Certificates

Gift certificates will be signed and authorized by KIT Therapy personnel and will contain a specific number to validate the certificates authenticity. In order to be redeemed, the certificate must be physically presented at the time of the appointment.

What to Expect

Please plan to arrive early for your first appointment so you can fill out and review the required health history form, sign our policy statement and informed consent forms, and then review these forms with your therapist. If you prefer, you may save time by printing the required forms from our website and fill them out prior to your appointment.

It is extremely important that thorough knowledge of your health history is obtained and discussed; massage can make certain conditions worse, so please enlighten your therapist of any health problems. Future massages after the initial visit will only take a few minutes to update the therapist should there be any changes.

You may dress however you wish, but if you would like to receive a massage following a workout, exercise, or any manual labor, please shower before your massage appointment.

The Massage Process

Upon discussion of your health history form and after the manner of draping has been explained, your comfort level of disrobing, and any other concerns you might have, your therapist will leave the room, allowing you to position yourself on the massage table in the appropriate way discussed before-hand.

Once you are disrobed, on the table, and under the sheets and blanket, they will knock to make sure you are ready, come back into the room, and begin the session.

There will be soothing music available for during the massage, however you have the right to customize your massage experience. During the massage

session, please speak up if any of the techniques are not to your liking in any way and they will be changed.

When your session is complete, your therapist will again leave the room to allow you to get dressed.

All sessions will be completely confidential.

Thank you for choosing KIT Therapy for you Therapeutic Massage!

<http://www.kitherapy.com/>

Laura@kitherapy.com

Signature of Participant: _____

Date: _____